



For kids Only

at Reebok Sports Club/NY



Indoor
Play Space



Birthdays and
Events



Enrichment
Programs



Camps



Reebok

SPORTS CLUB/NY

160 Columbus Avenue, New York, NY 10023
212.501.1434

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About For Kids Only

At *For Kids Only*, a "Club within the Club," children are well cared for in our fun and stimulating environment — exercising their minds and bodies. Far more than childcare, *For Kids Only* offers a wide variety of enrichment programs ranging from sports and art to music and drama. Implementing a whole child philosophy that encompasses all aspects of a child's development: social, physical, emotional and intellectual, the programs at *For Kids Only* are developmentally age-appropriate with a focus on fostering self-esteem, creativity and problem solving. We believe how a child feels about himself while learning is as important as the learning itself.

Fall Highlights

Preschool's Cool!

For Kids Only is happy to announce a variety of choices for Stepping Stones, our play-based preschool alternative programs this fall! We now offer a 2-hour program for ages 22-24 months and a 2 ½ hour program for ages 2-3, two days a week, with a 3rd optional day. Our nurturing program grows with your child. The year starts with the focus on music, art and separation. Then we add in layers of cooperation, planting, cooking and science projects. Each day is filled with physical play like sports, tumbling and/or dance in large, open play spaces.

Testimonials from our Stepping Stones' parents:

- "My wife and I are so happy that our son Michael is part of the Stepping Stones program. When we first thought about bringing him there, we had several questions and you were kind enough to answer them and yet not push us in any direction. The first day I brought Michael there, he was a little anxious but your staff was great. They were patient and knew how to calm him down. When I went to pick him up later that day, he was happy and laughing. It was as though he had been at Stepping Stones forever. Everyone that works for you is caring and warm to my son and that makes my wife and I feel very comfortable and relaxed. He really enjoys going there and seeing how excited he gets means a great deal to us. Part of being a member allows me to see all of the children when they are in the gym and you should know that your staff (who don't see me looking in) are just as sweet and nice with the children when they don't see me watching. Michael is so comfortable there that when I drop him off, he gives me a quick "bye" and then runs off. Thank You." Kerry Aissa.

- "Stepping Stones is a true play-based program that has been a joy for my 3-year old daughter from the first day she attended." Stephanie Lofgren

Thank you Kerry and Stephanie, and to all the families who have been a part of our program. We value your feedback and based on your suggestions, Stepping Stones has grown into a preschool alternative that supports children's needs and fits your lifestyle!

Call to schedule a visit!

Save the Date Sunday, October 31st

Don't miss our Annual Halloween Extravaganza on Sunday, October 31st. *For Kids Only* offers a safe, clean and unique Halloween experience for all participants. Enjoy tricks, treats, crafts, a Halloween maze, a live performance, and finish the party off with gift bags and a trick-or-treating walk through our six story Club. To reserve your spot, please call 212.501.1405 after October 1st.

Party times:

10:00 – 11:30am, 2:00 – 3:30pm, & 4:00 – 5:30pm.

Did you Know?

For Kids Only makes fresh playdough for use in our Members only childcare playroom, as well as our enrichment classrooms. Playdough is great for strengthening little hands and fingers and it is a wonderful source of open-ended play. Manipulation develops a child's large and small muscles and fosters eye-hand coordination. Your child's brain is taking shape along with the compound as visual and tactile experiences generate new neurons and synapses in the brain. Try making your own playdough at home. It is great fun for a family or friend playdate!

Playdough Recipe

Ingredients: 2 cups flour
1 cup salt
4 teaspoons cream of tartar
2 cups warm water mixed with food color
2 tablespoons oil

Combine dry ingredients. Add oil to dry mixture. Mix food coloring in warm water (the amount of food coloring is optional – the more food color, the more vivid the color). Pour into dry mixture. Stir all ingredients well, preferably using wooden spoon, before placing on heat. Cook over low to medium heat while constantly stirring (until thick). Remove from heat when play dough adheres to itself; knead on floured surface. Make into a large ball; cut ball in half, store halves in baggies. No need to refrigerate.

Stay and Play

All registered participants will receive complimentary admission to our *For Kids Only* playspace on Tuesday and Thursday afternoons from 1:15 – 3:45pm by reservation. Please call to reserve your spot at 212.501.1405. Stay and Play is great for playdates and meeting new friends.



Fall 2010

For Kids Only Children's Enrichment Schedule

Reebok Sports Club/NY

September 13th, 2010 – January 21st, 2011** * 17 class weeks

Members and non-members welcome

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18mos. – 2yrs. Tots & Tutus 9:15 – 10:00am M: \$595 n: \$650	2 – 3yrs. Stepping Stones 9:00 – 11:30am T & Th M: \$3,400 n: \$3,800	22 – 24mos. Stepping Stones 10:00am – 12:00pm M & W M: \$2,750 n: \$3,050	2 – 3yrs. Stepping Stones 9:00 – 11:30am T & Th M: \$3,400 n: \$3,800	2.5 – 4yrs. 3rd Day Preschool 9:30am – 12:00pm \$1,500/\$1,700 (3rd Day)	4 – 6yrs. Tennis for Kids* 3:00 – 4:00pm M: \$1,040 n: \$1,120
22 – 24mos. Stepping Stones 10:00am – 12:00pm M & W M: \$2,750 n: \$3,050	2 – 3yrs. Stepping Stones 9:30am – 12:00pm T & Th M: \$3,400 n: \$3,800	16 – 24mos. 7 Ways I Play (the pre-nursery way) 9:45 – 11:15am M: \$850 n: \$1,000	2 – 3yrs. Stepping Stones 9:30am – 12:00pm T & Th M: \$3,400 n: \$3,800	Mixed Songs for Seeds 10:15 – 11:00am M: \$650 n: \$695	6 – 8yrs. Tennis for Kids* 4:00 – 5:00pm M: \$1,040 n: \$1,120
Mixed Songs for Seeds 9:15 – 10:00am M: \$690 n: \$735	2's Super Soccer Stars 9:15 – 10:00am M: \$630 n: \$680	2yrs. Ballet & Tap 3:30 – 4:15pm M: \$595 n: \$650	4 – 6yrs. Tennis for Kids* 3:15 – 4:00pm M: \$960 n: \$1,040	Mixed Songs for Seeds 11:15am – 12:00pm M: \$650 n: \$695	
Mixed Songs for Seeds 10:15 – 11:00am M: \$690 n: \$730	2.5 – 3.5yrs. Super Soccer Stars 10:15 – 11:00am M: \$630 n: \$680	3 – 5yrs. Princess Ballet 4:30 – 5:15pm M: \$595 n: \$650	6 – 8yrs. Tennis for Kids* 4:15 – 5:00pm M: \$960 n: \$1,040	3 – 4yrs. Tennis for Kids* 1:30 – 2:15pm M: \$960 n: \$1,040	
2.5 – 3.5yrs. Super Soccer Stars* 3:30 – 4:15pm M: \$630 n: \$680	2.5 – 3.5yrs. Super Soccer Stars 11:15am – 12:00pm M: \$630 n: \$680		2yrs. Ballet & Tap 4:30 – 5:15pm M: \$560 n: \$610	4 – 6yrs. Tennis for Kids* 2:30 – 3:15pm M: \$960 n: \$1,040	
3.5 – 5yrs. Super Soccer Stars* 4:20 – 5:05pm M: \$630 n: \$680	3 – 4yrs. Soccer & Basketball 3:15 – 4:00pm M: \$595 n: \$650		3yrs. Ballet & Tap 3:30 – 4:15pm M: \$560 n: \$610	6 – 8yrs. Tennis for Kids* 3:30 – 4:15pm M: \$960 n: \$1,040	
5 – 7yrs. Soccer & Basketball 4:15 – 5:00pm M: \$595 n: \$650	Mixed My Messy Art Class 4:00 – 5:00pm M: \$595 n: \$680		9 – 11yrs. Advanced Basketball 4:00 – 5:00pm M: \$595 n: \$650		
	5 – 6yrs. Pip Hop* 4:00 – 4:45pm M: \$595 n: \$650				
	7 – 9yrs. Basketball 4:00 – 5:00pm M: \$630 n: \$680				

* Class takes place on Club Level 6. No caregivers are permitted to sit outside of the classroom on this level. *For Kids Only* has waiting areas on Club Levels 1 & 2.

** Please note: No classes November 25th – 28th, and December 20th – January 2nd. We are offering winter play clinics during this winter break.



For Stepping Stones:
Add on
1/2 hour lunch &
1 hour extended play
\$20 Members;
\$25 non-members

For Kids Only

"It's a Club within a Club for Children"

Please contact Jackie Burt at 212.501.1434
or jburt@reeboksportsclubny.com for more
information or to register.

Fall 2010 Program & Class Descriptions

Music

Songs for Seeds: Voted best music class by *New York Magazine* in 2010, Songs for Seeds is a (cool rock) music class that encourages kids to sing, touch instruments (from drums and guitars to violins, flutes and clarinets) and play along with a live, three-piece band, as well as dance and move as much as possible. Kids travel around the world experiencing music and language from a new country every week. The band creates well-known nursery rhymes through art and song and does magic tricks as a way to practice numbers and counting. All classes with parent/caregiver.

Dance/Movement

Creation Station Tap & Ballet: Bend, stretch, plie and tap on over to a great time with this exciting dance experience. Children experience creativity in movement, develop coordination, and gain self-esteem in a non-competitive environment. Children learn the fundamentals of dance without sacrificing the joys of being a child! Ballet and tap or soft and hard shoes suggested.

Creation Station Princess Ballet: Calling all princess fans! You are invited to dance to the stories of your favorite princesses at the Princess Ballet. This class merges traditional ballet concepts with the popular stories of your favorite princesses to allow children's self-expression to grow through imaginative dance. Children use music and movement to explore stories such as: Cinderella, Sleeping Beauty, and The Nutcracker, including plot, characters, costumes, sets/locations, and props. This class gives the true experience of telling a story through dance. Ballet shoes and ballet clothes suggested.

Creation Station Pip Hop: Has your pip squeak wanted to "dance like the big kids"? Well now is their chance... Pip Hop is Hip Hop for the younger set. Our Pip Hop class is full of rhythm, body awareness, simple choreography and high energy craziness all set to cool funky music! If you have a pip-squeak that can't stop moving bring them to this simplified hip hop class to get their groove on.

Creation Station Tots & Tutus: This first ballet class is full of stimulation in sight, touch and sound. Children and caregivers participate together to explore French language through ballet terminology. Class structure and ballet basics are also introduced through the use of follow-along dances, props, bubbles, musical story-telling and more! Class ends with dress up performance – a great photo op for caregivers!

Sports

Super Soccer Stars: Dynamic international coaches work with every student to develop skills, self-confidence, and teamwork in a fun, non-competitive environment. Positive reinforcement and an extremely low child to coach ratio ensures improved soccer skills through engaging warm-ups, drills, and games – all while having endless fun!

Tennis for Kids: The Gotham Quickstart Tennis Program emphasizes skill development and fun on a specially equipped tennis court at the Reebok Sports Club/NY. In friendly, small group tennis lessons, Gotham Tennis Academy's certified professional instructors utilize foam balls, mini-nets, and age and level appropriate miniature racquets to accelerate development of early muscle memory. In no time, your child will learn to swing the racquet and move his or her feet like a tennis prodigy! For beginners and advanced beginners between the ages of 3-8, you can expect your child to have fun, develop self-confidence, and learn tennis fundamentals.

Soccer and Basketball: Learn the basic skills needed to play basketball and soccer with resident sports pro, Frank Bona. All classes include drills and practice games in a positive non-competitive environment. Beginners welcome.

Advanced Basketball: Participants must be able to shoot to the 10' basket and be familiar with the rules of basketball. Class includes strategy and technique along with skill development and lots of game play and coach feedback. Children prepare for a 'big game' at the end of the session. Coach approval required to participate.

Combined Enrichment (Art, Music, Tumbling, and more)

7 Ways I Play: Children learn through play. In 7 Ways I Play, play activities are presented so children are exposed to seven ways of learning in each class: Visual, Verbal, Musical, Kinesthetic, Logical, Intrapersonal, Interpersonal. Daily logs help caregivers identify areas of play and learning possibilities.

Stepping Stones: Stepping Stones is a nurturing first step in your child's journey to group play. Our program focuses on separation and cooperative learning. Children explore themes, concepts and social challenges. Teacher and caregivers work to maintain a journal that documents each child's growth. Daily activities include: music, messy art, station play, building, cooperative projects, sports, science units, special guests, snack time and more. Add lunch and ½ hour of complimentary play for \$20 Members and \$25 for non-members.

Messy Art Class: Explore a textural wonderland! Sandboxes, playdough, foam, paints, stamping, collage, water table, "baking table" and more! Dress for Mess.

For Kids Only Pricing & Policies:

Make-up Classes: Two missed classes may be made up in any available class within the same term. Does not include Tennis or Pre-school Alternative.

Cancellation Policy: Before the first day of class a full refund is issued, minus a \$25 processing fee. After the first day of class, tuition may be applied to an available class within one term. No refunds are issued.

Open Enrollment: Enrollment is open, based on availability. Classes are prorated for those who join in mid-term.

Discount Offers: 10% off second child or second class.

"Drop in" Classes: If you would like to join a class for the day and space is available, please call Jackie Burt at 212.501.1434 to reserve a spot. Drop in pricing is: Members \$40 and non-members \$45 for classes up to 1 hr.

Multiple discounts cannot be combined.