



For kids Only

at The Sports Club/LA



Indoor
Play Space



Birthdays and
Events



Enrichment
Programs



Camps



THE SPORTS CLUB/LA

330 East 61st Street (Between 1st and 2nd Avenue) • New York, New York 10065

212.355.5100

thesportsclubla.com

About For Kids Only

At *For Kids Only*, a "Club within the Club," children are well cared for in our fun and stimulating environment — exercising their minds and bodies. Far more than childcare, *For Kids Only* offers a wide variety of enrichment programs ranging from sports and art to music and drama. Implementing a whole child philosophy that encompasses all aspects of a child's development: social, physical, emotional and intellectual, the programs at *For Kids Only* are developmentally age-appropriate with a focus on fostering self-esteem, creativity and problem solving. We believe how a child feels about himself while learning is as important as the learning itself.

Fall Highlights

Preschool's Cool!

For Kids Only is happy to announce a variety of choices for Just for Me, our play-based preschool alternative programs! We now offer a 2-hour program for ages 22-24 months and a 2½ hour program for ages 2-3 two days a week, with a 3rd optional day. Our nurturing programs grow with your child. The year starts with the focus on music, art and separation. Then we add in layers of cooperation, planting, cooking and science projects. Each day is filled with physical play like sports, tumbling and/or dance in large, open play spaces.

Testimonial from our Just for Me parents:

- "I've love sending my daughter Ellie to your program 3 days a week. Every time I drop her off time always sprints down the hallway because she's so excited to be there. I cannot say enough great things about the program and look forward to sending our son Zac there when he turns 2. Keep up the great work." Andrew Witleb

Call to schedule a visit!

Save the Date

Friday, October 29th

Don't miss our Annual Halloween Extravaganza on Friday, October 29th. *For Kids Only* offers a safe, clean and unique Halloween experience for all participants. Enjoy tricks, treats, crafts, a Halloween maze, a live performance, and finish the party off with gift bags and a trick-or-treating walk through our six story Club. To reserve your spot, please call 917.286.9760 after October 1st.

Party times:

10:00 – 11:30am & 4:00 – 5:30pm.

Did you Know?

For Kids Only makes fresh playdough for use in our Members only childcare playroom, as well as our enrichment classrooms. Playdough is great for strengthening little hands and fingers and it is a wonderful source of open-ended play. Manipulation develops a child's large and small muscles and fosters eye-hand coordination. Your child's brain is taking shape along with the compound as visual and tactile experiences generate new neurons and synapses in the brain. Try making your own playdough at home. It is great fun for a family or friend playdate!

Playdough Recipe

Ingredients: 2 cups flour
1 cup salt
4 teaspoons cream of tartar
2 cups warm water mixed with food color
2 tablespoons oil

Combine dry ingredients. Add oil to dry mixture. Mix food coloring in warm water (the amount of food coloring is optional – the more food color, the more vivid the color). Pour into dry mixture. Stir all ingredients well, preferably using wooden spoon, before placing on heat. Cook over low to medium heat while constantly stirring (until thick). Remove from heat when play dough adheres to itself; knead on floured surface. Make into a large ball; cut ball in half, store halves in baggies. No need to refrigerate.

Stay and Play

All registered participants will receive complimentary admission to our *For Kids Only* playspace on Tuesday and Thursdays from 1:30 – 3:45pm and Wednesdays from 1:30 – 5:00pm by reservation. Please call to reserve your spot at 917.286.9800. Stay and Play is great for playdates and meeting new friends.



Fall 2010

For Kids Only Children's Enrichment Schedule

The Sports Club/LA

September 13th, 2010 – January 21st, 2011** * 17 class weeks

Members and non-members welcome

Monday

2 – 3yrs.
Just For Me
9:30am – 12:00pm
M & W
M: \$2,900 n: \$3,200

22 – 24mos.
Just For Me
10:00am – 12:00pm
M & W
M: \$2,300 n: \$2,560

12 – 36mos.
Musical Paintbrushes
10:00 – 11:00am
M: \$630 n: \$680

2yrs.
Creation Station
Ballet/Tap
3:30 – 4:15pm
M: \$595 n: \$650

3 – 5yrs.
Creation Station
Princess Ballet/Tap
4:30 – 5:15pm
M: \$595 n: \$650

3yrs.
Gotham Tennis
2:30 – 3:15pm
M: \$1,020 n: \$1,105

4 – 5yrs.
Gotham Tennis
3:15 – 4:00pm
M: \$1,020 n: \$1,105

5 – 7yrs.
Tennis for Kids
4:15 – 5:00pm
M: \$1,020 n: \$1,105

Tuesday

2 – 3yrs.
Just For Me
9:30am – 12:00pm
T & Th
M: \$2,900 n: \$3,200

2yrs.
Mighty Muscles
9:45 – 10:15am
M: \$595 n: \$650

Mixed Ages
Songs for Seeds
9:15 – 10:00am
M: \$690 n: \$735

Mixed Ages
Songs for Seeds
10:15 – 11:00am
M: \$690 n: \$735

Wednesday

2 – 3yrs.
Just For Me
9:30am – 12:00pm
M & W
M: \$2,900 n: \$3,200

22 – 24mos.
Just For Me
10:00am – 12:00pm
M & W
M: \$2,300 n: \$2,560

4 – 6yrs.
Gotham Tennis
3:30 – 4:15pm
M: \$1,020 n: \$1,105

5 – 7yrs.
Tennis for Kids
4:15 – 5:00pm
M: \$1,020 n: \$1,105

Mixed Ages
Messy Art
4:15 – 5:00pm
M: \$630 n: \$680

Thursday

2 – 3yrs.
Just For Me
9:30am – 12:00pm
T & Th
M: \$2,900 n: \$3,200

2yrs.
Super Soccer Stars
9:30 – 10:15am
M: \$595 n: \$650

2.5 – 3yrs.
Super Soccer Stars
10:30 – 11:15am
M: \$595 n: \$650

18 – 22mos.
7 Ways I Play
(the pre-nursery way)
10:00 – 11:30am
M: \$800 n: \$940

18mos.+
Running with Maracas
1:30 – 2:30pm
M: \$595 n: \$650

Friday

2 – 3yrs.
Just For Me
9:30am – 12:00pm
M: \$90 n: \$110 daily
\$1,500/\$1,700 (3rd Day)

18 – 24mos.
Creation Station
Tots & Tutus
9:30 – 10:15am
M: \$525 n: \$570

12 – 36mos.
Running with Paintbrushes
10:00 – 11:00am
M: \$560 n: \$610

Mixed Ages
Songs for Seeds
11:15am – 12:00pm
M: \$610 n: \$650

Mixed Ages
Songs for Seeds
12:15 – 1:00pm
M: \$610 n: \$650

For
Just for Me:
Add on
1/2 hour lunch &
1 hour extended play
\$20 Members;
\$25 non-members



* Please note: No classes October 29th,
November 25th & 26th, and December 20th – 31st.

Please contact Tessa John-Connor at
917.286.9730 or tconnor@mp-sportsclub.com
for more information or to register.

For Kids Only

"It's a Club within a Club for Children"

Dance/Movement

Creation Station Tots & Tutus (18-24mos.): Join your child in experiencing dance for the first time in this introductory ballet class. Child and caregiver are exposed to ballet basics while exploring creative dance. Each class ends with a dress-up performance for a magical dance experience! (Ballet or soft shoes and ballet or comfortable clothes to move in suggested.)

Creation Station Tap & Ballet (2's): Bend, stretch, plie and tap on over to a great time with this exciting dance experience. Children experience creativity in movement, develop coordination, and gain self-esteem in a non-competitive environment. Children learn the fundamentals of dance without sacrificing the joys of being a child! (Ballet and tap or soft and hard shoes suggested.)

Creation Station Princess Ballet: Calling all princess fans! You are invited to dance the stories of your favorite princesses at the Princess Ballet. This class merges traditional ballet concepts with the popular stories of your favorite princesses to allow children's self-expression to grow through imaginative dance. Children use music and movement to explore stories such as: Cinderella, Sleeping Beauty, and The Nutcracker, including plot, characters, costumes, sets/locations, and props. This class gives the true experience of telling a story through dance. Ballet shoes and ballet clothes suggested.

Sports

Super Soccer Stars: Dynamic international coaches work with every student to develop skills, self-confidence, and teamwork in a fun, non-competitive environment. Positive reinforcement and an extremely low child to coach ratio ensures each child will improve soccer skills through engaging warm-ups, drills, and games-all while having endless fun!

Mighty Muscles: This program is a 45 minute class for active 2 year olds. Class begins with a self-select, active-play experience (mats, tunnels, ramps, balls, scooters). This allows children to join in at their own pace. Active play is followed by warm-ups and follow-along activities. Class finishes with a focus skill and group activity. Children are exposed to sports movements (running, kicking, balancing, jumping, catching) as well as creative movement (moving like animals, making shapes with their bodies, etc.) It is a great class for the winter time especially!

Gotham Tennis: The Gotham Quick-start Tennis Program emphasizes skill development and fun on a specially equipped tennis court. In friendly, small group tennis lessons, Gotham Tennis Academy's certified professional instructors utilize foam balls, mini-nets, and age and level appropriate miniature racquets to accelerate development of early muscle memory. In no time, your child will learn to swing the racquet and move his or her feet like a tennis prodigy!

Combined Enrichment (Art, Music, Tumbling, and more)

Running with Paintbrushes: In this sensory art and active play combination class, children have the opportunity to explore a messy and tactile art environment, through a station-play experience, then release their energy in a gym setting complete with climbing, jumping, balancing and crawling apparatus. Dress for mess. 60 minutes.

Musical Paintbrushes: Then make way for a special musical guest performing original and traditional songs with instruments, scarves, puppets, and parachutes. This messy art and music program provides a station play experience in an art setting followed by an engaging musical journey. Dress for mess. 60 minutes.

Running with Maracas: Children swoon to melodies, classic and popular while shaking their maracas, bells and tambourines, followed by parent/child muscle play: warm ups, sing-a-longs, and gym-time exploration. 60 minutes.

Messy Art: Class begins with a variety of stations: finger painting, stamping, pouring activities, sand boxes, play dough, easel art and more. Messy art station play combined with a take home art project every class. A play date that no one wants to miss! 60 minutes.

Songs for Seeds: Songs for Seeds is a (cool rock) music class that encourages kids to sing, touch instruments (from drums and guitars to violins, flutes and clarinets) and play along with a live, three-piece band, as well as dance and move as much as possible. Kids travel around the world experiencing music and language from a new country every week. The band creates well-known nursery rhymes through art and song and does magic tricks as a way to practice numbers and counting. Kids come home singing songs that you will like as much as they do. Requirements: (0-5 yrs., children must be accompanied by a parent/caregiver.)

7 Ways I Play: Children learn through play. In *7 Ways I Play*, play activities are presented so children are exposed to seven ways of learning in each class: visual, verbal, musical, kinesthetic, logical, intrapersonal, interpersonal. Daily logs help caregivers identify areas of play and learning possibilities. 90 minutes.

Just For Me (22 – 24mos. & 2's): Just For Me is a nurturing first step in your child's journey to group play. Our 2 ½ hr program focuses on separation and cooperative learning. Children explore themes, concepts and social challenges. Teachers and caregivers work to maintain a journal that documents each child's growth. Daily activities include: music, messy art, station play, building, cooperative projects, sports, science units, special guests, snack time and more. Add lunch and 1 hour of free play for Members: \$20 and non-members \$25.

For Kids Only Pricing & Policies:

Make-up Classes: Two missed classes may be made up in any available class within the same term.

Cancellation Policy: Before the first day of class a full refund is issued, minus a \$25 processing fee. After the first day of class, tuition may be applied to an available class within one term. No refunds are issued.

Open Enrollment: Enrollment is open, based on availability. Classes are prorated for those who join in mid-term.

Discount Offers: 10% off second child or second class.

"Drop in" Classes: If you would like to join a class for the day and space is available, please contact Tessa John-Connor at 917.286.9730 or tconnor@mp-sportsclub.com to reserve a spot. Drop in pricing: Members \$40; non-members \$45 for classes up to 1 hr.

